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2
3 UNITED STATES DISTRICT COURT
4 WESTERN DISTRICT OF WASHINGTON
5 AT TACOMA

6 DEBBRA LEE SANDERS,

7 Plaintiff,

8 v.

9 MICHAEL J. ASTRUE, Commissioner of
10 Social Security,

11 Defendant.

Case No. 3:11-cv-05088BHS-KLS

REPORT AND RECOMMENDATION

Noted for February 10, 2012

12
13 Plaintiff has brought this matter for judicial review of defendant's denial of her
14 applications for disability insurance and supplemental security income ("SSI") benefits. This
15 matter has been referred to the undersigned Magistrate Judge pursuant to 28 U.S.C. §
16 636(b)(1)(B) and Local Rule MJR 4(a)(4) and as authorized by Mathews, Secretary of H.E.W. v.
17 Weber, 423 U.S. 261 (1976). After reviewing the parties' briefs and the remaining record, the
18 undersigned submits the following Report and Recommendation for the Court's review,
19 recommending that for the reasons set forth below, defendant's decision to deny benefits be
20 affirmed.
21

22 FACTUAL AND PROCEDURAL HISTORY

23 On October 24, 2006, plaintiff filed an application for disability insurance benefits, and
24 on February 14, 2008, she filed another one for SSI benefits, alleging disability as of October 15,
25 2006, due to a stroke. See Administrative Record ("AR") 16, 159, 164, 174. Both applications
26 were denied upon initial administrative review and on reconsideration. See AR 16, 85, 90. A

1 hearing was held before an administrative law judge (“ALJ”) on June 9, 2010, at which plaintiff,
2 represented by counsel, appeared and testified, as did a vocational expert. See AR 34-82.

3 On June 24, 2010, the ALJ issued a decision in which plaintiff was determined to be not
4 disabled. See AR 16-29. Plaintiff’s request for review of the ALJ’s decision was denied by the
5 Appeals Council on December 3, 2010, making the ALJ’s decision defendant’s final decision.
6 See AR 1; 20 C.F.R. § 404.981, § 416.1481. On January 31, 2011, plaintiff filed a complaint in
7 this Court seeking judicial review of defendant’s decision. See ECF #1-#3. The administrative
8 record was filed with the Court on August 3, 2011. See ECF #15. The parties have completed
9 their briefing, and thus this matter is now ripe for the Court’s review.

11 Plaintiff argues defendant’s decision should be reversed and remanded for an award of
12 benefits or, in the alternative, for further administrative proceedings, because the ALJ erred: (1)
13 in finding plaintiff did not have a severe vision impairment; (2) in evaluating the medical
14 evidence in the record concerning her mental impairments; (3) in discounting her credibility; (4)
15 in evaluating the lay witness evidence in the record; (5) in assessing plaintiff’s residual
16 functional capacity; and (6) in finding her to be capable of performing other jobs existing in
17 significant numbers in the national economy. For the reasons set forth below, the undersigned
18 disagrees that the ALJ erred in determining plaintiff to be not disabled, and therefore
19 recommends that defendant’s decision be affirmed.
20

21 DISCUSSION

22
23 This Court must uphold defendant’s determination that plaintiff is not disabled if the
24 proper legal standards were applied and there is substantial evidence in the record as a whole to
25 support the determination. See Hoffman v. Heckler, 785 F.2d 1423, 1425 (9th Cir. 1986).
26 Substantial evidence is such relevant evidence as a reasonable mind might accept as adequate to

1 support a conclusion. See Richardson v. Perales, 402 U.S. 389, 401 (1971); Fife v. Heckler, 767
2 F.2d 1427, 1429 (9th Cir. 1985). It is more than a scintilla but less than a preponderance. See
3 Sorenson v. Weinberger, 514 F.2d 1112, 1119 n.10 (9th Cir. 1975); Carr v. Sullivan, 772 F.
4 Supp. 522, 524-25 (E.D. Wash. 1991). If the evidence admits of more than one rational
5 interpretation, the Court must uphold defendant's decision. See Allen v. Heckler, 749 F.2d 577,
6 579 (9th Cir. 1984).

7
8 I. The ALJ's Step Two Determination

9 Defendant employs a five-step "sequential evaluation process" to determine whether a
10 claimant is disabled. See 20 C.F.R. § 404.1520; 20 C.F.R. § 416.920. If the claimant is found
11 disabled or not disabled at any particular step thereof, the disability determination is made at that
12 step, and the sequential evaluation process ends. See id. At step two of that process, the ALJ
13 must determine if an impairment is "severe." 20 C.F.R. § 404.1520, § 416.920. An impairment
14 is "not severe" if it does not "significantly limit" a claimant's mental or physical abilities to do
15 basic work activities. 20 C.F.R. § 404.1520(a)(4)(iii), (c), § 416.920(a)(4)(iii), (c); see also
16 Social Security Ruling ("SSR") 96-3p, 1996 WL 374181 *1. Basic work activities are those
17 "abilities and aptitudes necessary to do most jobs." 20 C.F.R. § 404.1521(b), § 416.921(b); SSR
18 85- 28, 1985 WL 56856 *3.

19
20 An impairment is not severe only if the evidence establishes a slight abnormality that has
21 "no more than a minimal effect on an individual[']s ability to work." See SSR 85-28, 1985 WL
22 56856 *3; see also Smolen v. Chater, 80 F.3d 1273, 1290 (9th Cir. 1996); Yuckert v. Bowen, 841
23 F.2d 303, 306 (9th Cir.1988). Plaintiff has the burden of proving that her "impairments or their
24 symptoms affect her ability to perform basic work activities." Edlund v. Massanari, 253 F.3d
25 1152, 1159-60 (9th Cir. 2001); Tidwell v. Apfel, 161 F.3d 599, 601 (9th Cir. 1998). The step
26

1 two inquiry described above, however, is a *de minimis* screening device used to dispose of
2 groundless claims. See Smolen, 80 F.3d at 1290.

3 In this case, the ALJ found plaintiff's depression/organic mental disorder and stroke-
4 cerebrovascular accident with stent placement to be severe impairments. See AR 18. The ALJ
5 further found in relevant part that "[w]hile the record document[ed] complaints of [a] vision
6 impairment . . . no functional limitations ha[d] been established in conjunction" therewith, and
7 that plaintiff had "slight changes in the right eye, but s[aw] well." AR 20-21. Plaintiff argues
8 that based on her testimony that she experienced depth perception difficulties and other issues
9 with her vision, the ALJ should have found a severe impairment here. But at step two of the
10 sequential disability evaluation process, while the ALJ must take into account a claimant's pain
11 and other symptoms (see 20 C.F.R. § 404.1529, § 416.929), the severity determination is made
12 solely on the basis of objective medical evidence:
13

14
15 A determination that an impairment(s) is not severe requires a careful
16 evaluation of the medical findings which describe the impairment(s) and an
17 informed judgment about its (their) limiting effects on the individual's
18 physical and mental ability(ies) to perform basic work activities; thus, an
19 assessment of function is inherent in the medical evaluation process itself. *At*
the second step of sequential evaluation, then, medical evidence alone is
evaluated in order to assess the effects of the impairment(s) on ability to do
basic work activities. . . .

20 SSR 85-28, 1985 WL 56856 *4 (emphasis added). In addition, as explained in greater detail
21 below, the ALJ did not err in discounting plaintiff's credibility regarding her alleged symptoms
22 and limitations, and therefore he was not required to adopt any visual limitations she testified to
23 at the hearing.

24 II. The ALJ's Evaluation of the Medical Evidence in the Record

25 The ALJ is responsible for determining credibility and resolving ambiguities and
26 conflicts in the medical evidence. See Reddick v. Chater, 157 F.3d 715, 722 (9th Cir. 1998).

1 Where the medical evidence in the record is not conclusive, “questions of credibility and
2 resolution of conflicts” are solely the functions of the ALJ. Sample v. Schweiker, 694 F.2d 639,
3 642 (9th Cir. 1982). In such cases, “the ALJ’s conclusion must be upheld.” Morgan v.
4 Commissioner of the Social Sec. Admin., 169 F.3d 595, 601 (9th Cir. 1999). Determining
5 whether inconsistencies in the medical evidence “are material (or are in fact inconsistencies at
6 all) and whether certain factors are relevant to discount” the opinions of medical experts “falls
7 within this responsibility.” Id. at 603.

9 In resolving questions of credibility and conflicts in the evidence, an ALJ’s findings
10 “must be supported by specific, cogent reasons.” Reddick, 157 F.3d at 725. The ALJ can do this
11 “by setting out a detailed and thorough summary of the facts and conflicting clinical evidence,
12 stating his interpretation thereof, and making findings.” Id. The ALJ also may draw inferences
13 “logically flowing from the evidence.” Sample, 694 F.2d at 642. Further, the Court itself may
14 draw “specific and legitimate inferences from the ALJ’s opinion.” Magallanes v. Bowen, 881
15 F.2d 747, 755, (9th Cir. 1989).

17 The ALJ must provide “clear and convincing” reasons for rejecting the uncontradicted
18 opinion of either a treating or examining physician. Lester v. Chater, 81 F.3d 821, 830 (9th Cir.
19 1996). Even when a treating or examining physician’s opinion is contradicted, that opinion “can
20 only be rejected for specific and legitimate reasons that are supported by substantial evidence in
21 the record.” Id. at 830-31. However, the ALJ “need not discuss *all* evidence presented” to him
22 or her. Vincent on Behalf of Vincent v. Heckler, 739 F.3d 1393, 1394-95 (9th Cir. 1984)
23 (citation omitted) (emphasis in original). The ALJ must only explain why “significant probative
24 evidence has been rejected.” Id.; see also Cotter v. Harris, 642 F.2d 700, 706-07 (3rd Cir. 1981);
25 Garfield v. Schweiker, 732 F.2d 605, 610 (7th Cir. 1984).

1 In general, more weight is given to a treating physician's opinion than to the opinions of
2 those who do not treat the claimant. See Lester, 81 F.3d at 830. On the other hand, an ALJ need
3 not accept the opinion of a treating physician, "if that opinion is brief, conclusory, and
4 inadequately supported by clinical findings" or "by the record as a whole." Batson v.
5 Commissioner of Social Sec. Admin., 359 F.3d 1190, 1195 (9th Cir. 2004); see also Thomas v.
6 Barnhart, 278 F.3d 947, 957 (9th Cir. 2002); Tonapetyan v. Halter, 242 F.3d 1144, 1149 (9th Cir.
7 2001). An examining physician's opinion is "entitled to greater weight than the opinion of a
8 nonexamining physician." Lester, 81 F.3d at 830-31. A non-examining physician's opinion may
9 constitute substantial evidence if "it is consistent with other independent evidence in the record."
10 Id. at 830-31; Tonapetyan, 242 F.3d at 1149.

12 A. Dr. Dixon

13 Plaintiff underwent a psychological evaluation performed by David W. Dixon, Ph.D., in
14 late February 2007, as a result of which he diagnosed her with a cognitive disorder, a dysthymic
15 disorder and an anxiety disorder due to a cerebral vascular accident. See AR 312. Dr. Dixon also
16 assessed plaintiff with a global assessment of functioning ("GAF") of 45 to 50,¹ further stating as
17 follows:
18

19 Ms. Sanders is somewhat reserved in socially interacting due to depression
20 and some flat and sad affect. She demonstrates some difficulties with some
21 areas of concentration and persistence. She demonstrates no difficulties
22 satisfactorily explaining and justifying her position. Her ability to reason at
times may be slightly affected by emotional lability but as aforementioned her

23 ¹ A GAF score is "a subjective determination based on a scale of 100 to 1 of 'the [mental health] clinician's
24 judgment of [a claimant's] overall level of functioning.'" Pisciotta v. Astrue, 500 F.3d 1074, 1076 n.1 (10th Cir.
25 2007). It is "relevant evidence" of the claimant's ability to function mentally. England v. Astrue, 490 F.3d 1017,
26 1023, n.8 (8th Cir. 2007). "A GAF score of 41-50 indicates '[s]erious symptoms . . . [or] serious impairment in
social, occupational, or school functioning,' such as an inability to keep a job." Pisciotta, 500 F.3d at 1076 n.1
(quoting Diagnostic and Statistical Manual of Mental Disorders (Text Revision 4th ed. 2000) ("DSM-IV") at 34);
see also Cox v. Astrue, 495 F.3d 614, 620 n.5 (8th Cir. 2007) ("[A] GAF score in the forties may be associated with
a serious impairment in occupational functioning."); England, 490 F.3d at 1023, n.8 (GAF score of 50 reflects
serious limitations in individual's general ability to perform basic tasks of daily life).

1 comprehension is excellent. She demonstrates no difficulties understanding.
2 She appears generally to adapt fairly well to new environmental conditions.

3 AR 313. As pointed out by plaintiff, while the ALJ summarized Dr. Dixon's findings, he did not
4 explain what weight he was giving thereto. See AR 19. Rather, the ALJ merely stated that as for
5 "the opinion evidence," he was affording "great weight" to the opinion of Robert Hoskins, M.D.,
6 a non-examining, consultative physician, that plaintiff was "capable of performing light work" as
7 that conclusion was "supported by the substantial evidence of record." AR 27; see also AR 334-
8 41, 365.

9 Although defendant is correct that, as noted above, the ALJ may support his findings "by
10 setting out a detailed and thorough summary of the facts and conflicting clinical evidence, stating
11 his interpretation thereof, and making findings," the ALJ here did not provide any interpretation
12 of Dr. Dixon's findings. Id. As such, he erred. Nevertheless, the undersigned finds such error to
13 be harmless, as it would not affect the outcome of this case. See Stout v. Commissioner, Social
14 Security Admin., 454 F.3d 1050, 1055 (9th Cir. 2006) (error harmless where it is non-prejudicial
15 to claimant or irrelevant to ALJ's ultimate disability conclusion).

16
17 It is true, as noted above, that a GAF score in the 45 to 50 range is indicative of serious
18 symptoms or a serious impairment in social or occupational functioning. But while a GAF score
19 is "relevant evidence" of a claimant's ability to function mentally, and may be "of considerable
20 help" to an ALJ in assessing a claimant's residual functional capacity ("RFC"), "it is not
21 essential" to the accuracy thereof. England, 490 F.3d at 1023, n.8; Howard v. Commissioner of
22 Social Security, 276 F.3d 235, 241 (6th Cir. 2002). Accordingly, an ALJ's "failure to reference
23 the GAF score" in assessing a claimant's residual functional capacity "standing alone" does not
24 make the RFC assessment inaccurate. Id.

25
26 Although the ALJ did not specifically address the GAF score assessed by Dr. Dixon, he
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1 strongly indicated elsewhere in his decision that he did not give it – or would not have given it –
2 any weight. For example, the ALJ rejected the higher GAF score of 55² assessed by plaintiff’s
3 mental health counselor, noting its subjective nature and the fact that such assessments “are not
4 entitled to great weight in making disability determinations.” AR 26. Given that the ALJ also
5 stated he found the evidence in the record overall showed plaintiff had “some limitations from
6 psychiatric symptoms,” but that the impact thereof did “not wholly compromise” her “ability to
7 function independently, appropriately, and effectively on a sustained basis,” it is highly unlikely
8 he would have adopted Dr. Dixon’s lower GAF score of 45-50.
9

10 As for Dr. Dixon’s statement that plaintiff demonstrated “some difficulties with some
11 areas of concentration and persistence” (AR 313), here too the ALJ’s failure to expressly address
12 it was harmless error. First, Dr. Dixon did not quantify the nature or extent of the difficulties he
13 felt plaintiff had in these functional areas. That is, Dr. Dixon gave no indication such difficulties
14 were directly translatable into specific work-related limitations. Further, the ALJ found plaintiff
15 did have moderate limitations in those areas at step three of the sequential disability evaluation
16 process, and later in assessing her residual functional capacity, he found she could concentrate,
17 but only in regard to simple tasks. See AR 22-23. Accordingly, it appears the ALJ did take into
18 account Dr. Dixon’s conclusions concerning her ability to concentrate and persist, or at the very
19 least adopted restrictions that fully encompassed his findings here.
20

21 B. Dr. Brown
22

23 In late May 2007, plaintiff underwent a psychological evaluation performed by Norma L.
24 Brown, Ph.D., who diagnosed her with a mood disorder and an anxiety disorder, both of which
25

26 ² “A GAF of 51-60 indicates ‘[m]oderate symptoms (e.g., flat affect and circumstantial speech, occasional panic attacks) or moderate difficulty in social, occupational, or school functioning (e.g., few friends, conflicts with peers or co-workers).’” Tagger v. Astrue, 536 F.Supp.2d 1170, 1173 n.6 (C.D.Cal. 2008) (quoting DSM-IV at 34).

1 were due a recent stroke, and a cognitive disorder. See AR 343. Dr. Brown assessed a current
2 GAF score of 55, further opining that plaintiff could reason, that she had moderate impairments
3 in terms of understanding, memory, sustained concentration, and persistence, that she could not
4 handle crowds or large groups, and that she easily fatigued and became overwhelmed. AR 344.
5 Further, Dr. Brown found that the results from one questionnaire used in psychological testing
6 she conducted at the time were “significant enough” to “cause definite problems” were plaintiff
7 to attempt to “maintain full time competitive employment,” and that although it was “not clear at
8 this point whether her condition” was “permanent or temporary,” plaintiff “should be considered
9 disabled for the next twelve months.” AR 343.

11 At the same time, Dr. Brown completed a psychological/psychiatric evaluation form, in
12 which she found plaintiff to be moderately to severely limited in several mental functional areas
13 based on the same diagnoses. See AR 347-48. In terms of Dr. Brown’s findings and conclusions,
14 the ALJ found in relevant part as follows:

16 . . . Repeatable battery for the assessment of neuropsychological status results
17 [conducted by Dr. Brown] did not indicate any major impairment in terms of
18 Immediate or Delay[ed] Memory, Language, Attention, or Visual-
spacial/Constructional Ability. The results of [a] Head Injury Questionnaire
indicated many of the soft signs of traumatic brain injury (Exhibit 11F/2).

19 . . .

20 . . . The “marked” limitations given by Dr. Brown (*see* Exhibit 11F/6-7), are
21 given little weight because after a thorough review of the record, the
22 undersigned concludes that they are unsupported by the claimant’s IQ test
23 results, which show an average mental ability, and her own extensive daily
activities.

24 AR 19, 24-25. Plaintiff argues these were not valid reasons for rejecting Dr. Brown’s opinions
25 concerning her functional limitations. The undersigned disagrees.

26 As noted above, an ALJ need not accept the opinion of even a treating physician, “if that

1 opinion is brief, conclusory, and inadequately supported by clinical findings” or “by the record
2 as a whole.” Batson, 359 F.3d at 1195; see also Thomas, 278 F.3d 957; Tonapetyan, 242 F.3d at
3 1149. As pointed out by the ALJ, although Dr. Brown based her conclusion that plaintiff would
4 have definite problems maintaining employment and thus should be considered disabled based
5 on some of the psychological testing results she obtained, other testing results failed to indicate
6 any major impairment in several major functional areas, such as memory, language and attention.
7 See AR 343. This is sufficient to call into question Dr. Brown’s disability opinion, as well as the
8 marked to severe mental functional limitations that she checked on the psychiatric/psychological
9 assessment form she also completed.
10

11 In addition, while the ALJ did not specifically state he was rejecting Dr. Brown’s opinion
12 regarding plaintiff’s inability to maintain employment, the fact that the ALJ rejected the marked
13 to severe mental functional limitations Dr. Brown checked, strongly indicates the ALJ did not –
14 or would not have – accepted her opinion regarding disability. As such, any error on the part of
15 the ALJ in failing to expressly discuss this aspect of Dr. Brown’s narrative report was harmless
16 as well, as it is highly unlikely the ALJ’s ultimate disability determination would change. Also,
17 given that the ALJ did not err in discounting plaintiff’s credibility in part due to the activities of
18 daily living she engaged in – as discussed in greater detail below – it also was proper for the ALJ
19 to reject Dr. Brown’s findings and conclusions in part on this basis. See Morgan, 169 F.3d 595,
20 601-02 (9th Cir. 1999) (upholding rejection of physician’s conclusion that claimant suffered
21 from marked limitations in part on basis that other evidence of claimant’s ability to function,
22 including reported activities of daily living, contradicted that conclusion); Magallanes, 881 F.2d
23 747, 754 (9th Cir. 1989) (finding ALJ properly rejected physician’s opinion in part on basis that
24 it conflicted with plaintiff’s own subjective pain complaints).
25
26

1 III. The ALJ's Assessment of Plaintiff's Credibility

2 Questions of credibility are solely within the control of the ALJ. See Sample, 694 F.2d at
3 642. The Court should not "second-guess" this credibility determination. Allen, 749 F.2d at 580.
4 In addition, the Court may not reverse a credibility determination where that determination is
5 based on contradictory or ambiguous evidence. See id. at 579. That some of the reasons for
6 discrediting a claimant's testimony should properly be discounted does not render the ALJ's
7 determination invalid, as long as that determination is supported by substantial evidence.
8 Tonapetyan, 242 F.3d at 1148.

10 To reject a claimant's subjective complaints, the ALJ must provide "specific, cogent
11 reasons for the disbelief." Lester, 81 F.3d at 834 (citation omitted). The ALJ "must identify what
12 testimony is not credible and what evidence undermines the claimant's complaints." Id.; see also
13 Dodrill v. Shalala, 12 F.3d 915, 918 (9th Cir. 1993). Unless affirmative evidence shows the
14 claimant is malingering, the ALJ's reasons for rejecting the claimant's testimony must be "clear
15 and convincing." Lester, 81 F.2d at 834. The evidence as a whole must support a finding of
16 malingering. See O'Donnell v. Barnhart, 318 F.3d 811, 818 (8th Cir. 2003).

18 In determining a claimant's credibility, the ALJ may consider "ordinary techniques of
19 credibility evaluation," such as reputation for lying, prior inconsistent statements concerning
20 symptoms, and other testimony that "appears less than candid." Smolen, 80 F.3d at 1284. The
21 ALJ also may consider a claimant's work record and observations of physicians and other third
22 parties regarding the nature, onset, duration, and frequency of symptoms. See id.

24 In this case, the ALJ discounted plaintiff's credibility for the following reasons:

25 . . . [T]he claimant described daily activities which are not limited to the
26 extent one would expect, given the complaints of disabling symptoms and
 limitations (Exhibit 6F/4; Hearing Testimony). For example, the claimant
 testified she watches television, walks to the library every day; visits

1 'facebook' and e-mails family members on the computer; reads voraciously
2 (she stated she likes detective stories, non-fiction and autobiography and reads
3 2-3 books per week); uses public transportation to grocery shop; goes to
4 church with a friend; and works as an information clerk volunteer at the train
5 station four hours a day on Saturday. Furthermore, despite the allegations of
6 symptoms and limitations preventing all work, the record reflects that the
7 claimant traveled for two weeks to Georgia to visit a family member as late as
8 May 2010. Although actual daily activities, traveling and a disability are
necessarily mutually exclusive, the performance of these rather extensive
physical and mental activities and the claimant's decision to travel a long
distance from home for an extended period tends to suggest that the alleged
symptoms and limitations may have been overstated and her mental and
physical functional ability is much greater than alleged (Hearing Testimony).

9 The claimant has not generally received the type of medical treatment one
10 would expect for a totally disabled individual. It is noted that even though she
11 has received treatment for the allegedly disabling impairments after the initial
12 hospitalization, that treatment has been essentially routine and/or conservative
13 in nature. The claimant testified that she has not been hospitalized again. The
14 emergency room records show her condition was not severe enough to merit
15 hospitalization, and she was released in good condition (Exhibits 17F; 19F).

16 The claimant did undergo stent placement, which certainly suggests that the
17 symptoms were genuine. While that fact would normally weigh in the
18 claimant's favor, it is offset by the fact that the record reflects that this
19 procedure was generally successful in relieving the severity of the condition
20 as well as the functional impact on the claimant's physical and mental ability.
21 The claimant has been prescribed and has taken appropriate medications for
22 the alleged impairments, which have been relatively effective in controlling
23 the claimant's symptoms. It is emphasized that the claimant testified that in
24 2008 her high blood pressure medications were discontinued as her condition
25 was under control with diet and exercise. . . .

26 . . .

Despite the claimant's continued obesity, she does not have any neurological
deficits, significant musculoskeletal abnormalities, or any serious dysfunction
of the bodily organs that would preclude the range of work described [by the
ALJ in his residual functional capacity assessment].

The record contains a statement from one of the claimant's doctors releasing
the claimant to return to work (*see* Exhibit 5F/2-3).

The record evidence showed that the claimant has some limitations from
psychiatric symptoms but the impact of these symptoms does not wholly
compromise the ability to function independently, appropriately, and

effectively on a sustained basis. This is clearly evident by her daily activities, specifically her extensive reading habits and computer use that indicate significant mental function and ability. Certainly, such symptoms would not preclude work, as opined by the vocational expert, involving simple mental ability as articulated in the established residual functional capacity. It is further noted that there is no evidence of the use of any medications designed to treat any psychiatric or mental symptoms.

AR 25-26. These are all valid reasons for finding plaintiff to be not fully credible concerning her alleged symptoms and limitations.³

Plaintiff argues the ALJ erroneously viewed the objective medical evidence in the record as part of her subjective complaints in finding her allegations lacked credibility. It is not entirely clear what plaintiff means here, but the Ninth Circuit has held that an ALJ's determination that a claimant's complaints are inconsistent with such evidence can satisfy the clear and convincing requirement, although a claimant's credibility may not be discounted "*solely* because the degree of pain alleged is not supported by" that evidence. Regennitter, 166 F.3d 1294, 1297 (9th Cir. 1998); Orteza v. Shalala, 50 F.3d 748, 749-50 (9th Cir. 1995) (quoting Bunnell v. Sullivan, 947 F.2d 341, 346-47 (9th Cir.1991) (en banc)) (emphasis added); see also Rollins v. Massanari, 261 F.3d 853, 856 (9th Cir.2001); Byrnes v. Shalala, 60 F.3d 639, 641-42 (9th Cir. 1995); Fair v. Bowen, 885 F.2d 597, 601 (9th Cir. 1989). As explained above, the ALJ in this case provided other valid reasons for discounting plaintiff's credibility as well.

Plaintiff also takes issue with the ALJ's reliance on her daily activities in finding her to

³ See Burch v. Barnhart, 400 F.3d 676, 681 (9th Cir. 2005) (upholding ALJ's discounting of claimant's credibility in part due to lack of consistent treatment, and noting fact that claimant's pain was not sufficiently severe to motivate her to seek treatment, even if she had sought some treatment, was powerful evidence regarding extent to which she was in pain); Meanal v. Apfel, 172 F.3d 1111, 1114 (9th Cir. 1999) (ALJ properly considered failure of physician to prescribe serious medical treatment for supposedly excruciating pain); Regennitter v. Commissioner of SSA, 166 F.3d 1294, 1297 (9th Cir. 1998) (determination that claimant's complaints are "inconsistent with clinical observations" can satisfy clear and convincing requirement); Johnson v. Shalala, 60 F.3d 1428, 1434 (9th Cir. 1995) (ALJ properly found prescription for conservative treatment only to be suggestive of lower level of pain and functional limitation); Morgan, 169 F.3d 595, 599 (ALJ may discount a claimant's credibility on basis of medical improvement); Smolen, 80 F.3d at 1284 (to determine whether claimant's symptom testimony is credible, ALJ may consider his or her daily activities).

1 be not fully credible. The Ninth Circuit has recognized “two grounds for using daily activities to
2 form the basis of an adverse credibility determination.” Orn v. Astrue, 495 F.3d 625, 639 (9th
3 Cir. 2007). First, they can “meet the threshold for transferable work skills.” Id. Second, they
4 can “contradict his [or her] other testimony.” Id.

5 Under the first ground, a claimant’s testimony may be rejected if the claimant “is able to
6 spend a substantial part of his or her day performing household chores or other activities that are
7 transferable to a work setting.” Smolen, 80 F.3d at 1284 n.7. However, the claimant need not be
8 “utterly incapacitated” to be eligible for disability benefits, and “many home activities may not
9 be easily transferable to a work environment.” Id. In addition, the Ninth Circuit has “recognized
10 that disability claimants should not be penalized for attempting to lead normal lives in the face of
11 their limitations.” Reddick, 157 F.3d at 722.

13 While the record does not clearly show all of the activities of daily living the ALJ listed
14 have been performed to an extent or for a duration indicating she is able to spend a substantial
15 part of the day performing them and that they are transferable to a work setting (see AR 57-67,
16 195-200, 210, 212), others contradict her claims of complete disability. Specifically, as noted by
17 the ALJ, plaintiff testified she volunteered each Saturday at the train station for four hours at a
18 time and enjoys it, that she goes to the library five days a week – albeit assuming she’s having
19 “good” days – and reads up to two to three books per week, and that she took a two-week trip to
20 visit family out of state in 2010, during which she helped her sister-in-law with her kids. See AR
21 63, 65-66. Accordingly, the ALJ did not err in finding plaintiff to be not fully credible for this
22 reason. Even if the ALJ did err in discounting her credibility on this basis, again as discussed
23 above, the ALJ provided other, valid reasons for his adverse credibility determination, including
24 evidence of medical improvement and a lack of more serious treatment, neither of which plaintiff
25
26

1 challenges. See Tonapetyan, 242 F.3d at 1148 (fact that one reason for discounting claimant's
2 credibility is improper does not render ALJ's credibility determination invalid, as long as that
3 determination is supported by substantial evidence).

4 IV. The ALJ's Evaluation of the Lay Witness Evidence in the Record

5 Lay testimony regarding a claimant's symptoms "is competent evidence that an ALJ must
6 take into account," unless the ALJ "expressly determines to disregard such testimony and gives
7 reasons germane to each witness for doing so." Lewis v. Apfel, 236 F.3d 503, 511 (9th Cir.
8 2001). In rejecting lay testimony, the ALJ need not cite the specific record as long as "arguably
9 germane reasons" for dismissing the testimony are noted, even though the ALJ does "not clearly
10 link his determination to those reasons," and substantial evidence supports the ALJ's decision.
11 Id. at 512. The ALJ also may "draw inferences logically flowing from the evidence." Sample,
12 694 F.2d at 642.
13

14 The record contains a mental impairment questionnaire completed in early June 2010, by
15 Jeremy Greenwood, M.S.W., C.M.H.S., in which he diagnosed plaintiff with a moderate major
16 depressive disorder, single episode, and assessed her with a GAF score of 55, both current and
17 the highest in the past year. See AR 399. Mr. Greenwood stated plaintiff "experiences depressed
18 mood, anhedonia, appetite changes, feelings of worthlessness, low energy, poor memory, [and]
19 poor concentration," which "results in periods where she has difficulty leaving her home." AR
20 400. While plaintiff experienced improvement with the treatment she received, Mr. Greenwood
21 stated her major depressive disorder remained. See AR 401. On the other hand, although he felt
22 plaintiff's impairments had lasted or could be expected to last for a period of at least 12 months,
23 Mr. Greenwood was "[u]nable to determine" her prognosis, "[u]nable to assess" where she had a
24 low I.Q. or reduced intellectual functioning and "[n]ot qualified to assess [her] ability to engage
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1 in work related activities.” AR 401-02.

2 In regard to the questionnaire Mr. Greenwood completed, the ALJ stated:

3 . . . [W]hile I considered the Mental Impairment Questionnaire filled out by
4 [Mr.] Greenwood, . . . it is given little weight because . . . only acceptable
5 medical sources can give medical opinions. In fact, Mr. Greenwood noted in
6 the report he was not qualified to assess the claimant’s ability to engage in
7 work-related activities (*see* Exhibit 21F/4).

8 AR 25. Plaintiff argues the ALJ did not provide any germane reasons for rejecting the opinion of
9 Mr. Greenwood, but the very fact that Mr. Greenwood himself acknowledged he was unqualified
10 to assess her ability to engage in work-related activities is highly germane to the relevance of that
11 opinion. That is, given that Mr. Greenwood did not feel qualified to opine as to plaintiff’s work-
12 related capabilities – and that her ability to perform work-related activities is what is of primary
13 relevance in this case – that opinion sheds little, if any light, on her allegations of disability, and
14 thus the ALJ properly disregarded it.

15 V. The ALJ’s Assessment of Plaintiff’s Residual Functional Capacity

16 If a disability determination “cannot be made on the basis of medical factors alone at step
17 three of the evaluation process,” the ALJ must identify the claimant’s “functional limitations and
18 restrictions” and assess his or her “remaining capacities for work-related activities.” SSR 96-8p,
19 1996 WL 374184 *2. A claimant’s residual functional capacity (“RFC”) assessment is used at
20 step four to determine whether he or she can do his or her past relevant work, and at step five to
21 determine whether he or she can do other work. See id. It thus is what the claimant “can still do
22 despite his or her limitations.” Id.

23 A claimant’s residual functional capacity is the maximum amount of work the claimant is
24 able to perform based on all of the relevant evidence in the record. See id. However, an inability
25 to work must result from the claimant’s “physical or mental impairment(s).” Id. Thus, the ALJ
26

1 must consider only those limitations and restrictions “attributable to medically determinable
2 impairments.” Id. In assessing a claimant’s RFC, the ALJ also is required to discuss why the
3 claimant’s “symptom-related functional limitations and restrictions can or cannot reasonably be
4 accepted as consistent with the medical or other evidence.” Id. at *7.

5 The ALJ in this case assessed plaintiff with the residual functional capacity:

6
7 **... to lift/carry 10 pounds frequently and 20 occasionally with sit/stand**
8 **option at will, walk 4/8 for a full eight hour day. She has unlimited ability**
9 **to push/pull and perform gross and fine movements with occasional**
10 **grasping, gripping, feeling, and fingering with left hand. The claimant**
11 **can occasionally climb stairs, but not ladders, ropes, or scaffolds. She**
12 **cannot run. She can bend, stoop, crouch, crawl, balance, twist, and**
13 **squat. The claimant should have limited exposure to heights, dangerous**
14 **machinery, or uneven surfaces. The claimant gets along with others,**
15 **understands simple instructions, concentrates and performs simple tasks,**
16 **responds and adapts to workplace changes and supervision but in a**
17 **limited public/employee contact setting.**

18 AR 23 (emphasis in original). Plaintiff argues the ALJ erred in assessing the above RFC in light
19 of his errors in evaluating the opinion evidence from Dr. Dixon and Dr. Brown. But because, as
20 discussed above, any errors the ALJ may have made in evaluating that evidence is harmless, the
21 ALJ did not err in assessing plaintiff’s residual functional capacity on this basis.

22 VI. The ALJ’s Findings at Step Five

23 If a claimant cannot perform his or her past relevant work, at step five of the disability
24 evaluation process the ALJ must show there are a significant number of jobs in the national
25 economy the claimant is able to do. See Tackett v. Apfel, 180 F.3d 1094, 1098-99 (9th Cir.
26 1999); 20 C.F.R. § 404.1520(d), (e), § 416.920(d), (e). The ALJ can do this through the
testimony of a vocational expert or by reference to defendant’s Medical-Vocational Guidelines
(the “Grids”). Tackett, 180 F.3d at 1100-1101; Osenbrock v. Apfel, 240 F.3d 1157, 1162 (9th
Cir. 2000).

1 An ALJ's findings will be upheld if the weight of the medical evidence supports the
2 hypothetical posed by the ALJ. See Martinez v. Heckler, 807 F.2d 771, 774 (9th Cir. 1987);
3 Gallant v. Heckler, 753 F.2d 1450, 1456 (9th Cir. 1984). The vocational expert's testimony
4 therefore must be reliable in light of the medical evidence to qualify as substantial evidence. See
5 Embrey v. Bowen, 849 F.2d 418, 422 (9th Cir. 1988). Accordingly, the ALJ's description of the
6 claimant's disability "must be accurate, detailed, and supported by the medical record." Id.
7 (citations omitted). The ALJ, however, may omit from that description those limitations he or
8 she finds do not exist. See Rollins v. Massanari, 261 F.3d 853, 857 (9th Cir. 2001).

10 At the hearing, the ALJ posed a hypothetical question to the vocational expert containing
11 substantially the same limitations as were included in the ALJ's assessment of plaintiff's residual
12 functional capacity. See AR 75-76. In response to that question, the vocational expert testified
13 that an individual with those limitations – and with the same age, education and work experience
14 as plaintiff – would be able to perform other jobs. See AR 75-77. Based on the testimony of the
15 vocational expert, the ALJ found plaintiff would be capable of performing other jobs existing in
16 significant numbers in the national economy. See AR 28.

18 Plaintiff argues the ALJ erred in failing to include in his hypothetical question any vision
19 limitations, but as discussed above because the ALJ did not err in finding the record was devoid
20 of any medical evidence of such limitations, he was not obligated to include them in the question
21 he posed. Plaintiff also argues the ALJ should have included a limitation regarding "fluctuating
22 work performance in performing specific tasks," it seems based on the "difficulties in some areas
23 of . . . persistence" Dr. Dixon stated she had. ECF #17, p. 10; AR 313. Again, though, since as
24 discussed above any errors the ALJ made in assessing Dr. Dixon's opinion were harmless, here
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1 too he did not have to adopt such a limitation, given that, also as discussed above, Dr. Dixon did
2 not indicate in any useful detail regarding the nature or extent of those difficulties.

3 Plaintiff goes on to argue that the jobs the vocational expert testified that she was able to
4 do – storage rental clerk (Dictionary of Occupational Titles (“DOT”) 295.367-026), office helper
5 (DOT 239.567-010) and small parts assembler (DOT 706.684-022) – require frequent handling
6 and fingering, whereas the ALJ limited her to only occasional fingering and handling. The ALJ,
7 though, did not limit plaintiff’s ability to handle. See AR 23. As for fingering, defendant agrees
8 the ALJ erred in finding plaintiff could perform the two jobs of small parts assembler and office
9 helper, as they both require frequent fingering. See DOT 239.567-010; DOT 706.684-022. But
10 as defendant goes on to point out, the job of storage rental clerk does not require any fingering.
11 See DOT 295.367-026. Accordingly, plaintiff has failed to establish she is precluded from being
12 able to perform that job on this basis.
13

14 Lastly, plaintiff argues the sit/stand at will option adopted by the ALJ precludes her from
15 being able to perform the remaining job of storage rental clerk. Plaintiff bases her argument on
16 the following Social Security Ruling language:
17

18 *1. Alternate Sitting and Standing*

19 In some disability claims, the medical facts lead to an assessment of RFC
20 which is compatible with the performance of either sedentary or light work
21 except that the person must alternate periods of sitting and standing. The
22 individual may be able to sit for a time, but must then get up and stand or walk
23 for awhile before returning to sitting. Such an individual is not functionally
24 capable of doing either the prolonged sitting contemplated in the definition of
25 sedentary work (and for the relatively few light jobs which are performed
26 primarily in a seated position) or the prolonged standing or walking
contemplated for most light work. (Persons who can adjust to any need to vary
sitting and standing by doing so at breaks, lunch periods, etc., would still be
able to perform a defined range of work.)

There are some jobs in the national economy--typically professional and
managerial ones--in which a person can sit or stand with a degree of choice.
If an individual had such a job and is still capable of performing it, or is
capable of transferring work skills to such jobs, he or she would not be found

1 disabled. However, most jobs have ongoing work processes which demand
2 that a worker be in a certain place or posture for at least a certain length of
3 time to accomplish a certain task. Unskilled types of jobs are particularly
structured so that a person cannot ordinarily sit or stand at will. . . .

4 SSR 83-12, 1983 WL 31253 *4. That Ruling goes on to provide, however, that “[i]n cases of
5 unusual limitation of ability to sit or stand, a [vocational specialist] should be consulted to clarify
6 the implications for the occupational base.” Id. Whether or not such unusual limitation of ability
7 is present in this case, the ALJ consulted a vocational expert, who testified that plaintiff would be
8 able to perform the above jobs even with a sit/stand requirement. See AR 75-77. The ALJ’s step
9 five determination thus did not run afoul of the above language.

10 CONCLUSION

11
12 Based on the foregoing discussion, the undersigned recommends that the Court find the
13 ALJ properly concluded plaintiff was not disabled. Accordingly, the undersigned recommends
14 as well that the Court affirm defendant’s decision.

15 Pursuant to 28 U.S.C. § 636(b)(1) and Federal Rule of Civil Procedure (“Fed. R. Civ. P.”)
16 72(b), the parties shall have **fourteen (14) days** from service of this Report and
17 Recommendation to file written objections thereto. See also Fed. R. Civ. P. 6. Failure to file
18 objections will result in a waiver of those objections for purposes of appeal. See Thomas v. Arn,
19 474 U.S. 140 (1985). Accommodating the time limit imposed by Fed. R. Civ. P. 72(b), the clerk
20 is directed set this matter for consideration on **February 10, 2011**, as noted in the caption.

21
22 DATED this 26th day of January, 2012.

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26 Karen L. Strombom
United States Magistrate Judge